

MEDICAL RISK



HEFAT
Hostile Environment First Aid Training

TRAUMA
AND FIRST AID TRAINING

MEDICAL
SUPPORT





Medical-Led HEFAT is a Hostile Environment Awareness and First Aid programme designed to prepare personnel operating in unstable, remote, or high-risk environments with the safety awareness, decision-making capability, and integrated pre-hospital medical response required when immediate clinical support may be unavailable.

The programme retains all recognised HEFAT security components, including situational awareness, risk assessment, safe movement, communication, and incident management.

What differentiates Medical-Led HEFAT is emphasis: medical capability is embedded throughout the course, not delivered as a standalone module. Training integrates casualty care with security decision-making, reflecting how real incidents unfold in hostile environments where early medical judgement directly influences outcomes.

Aligned to internationally recognised trauma-response principles and structured around the M.A.R.C.H. assessment framework, the course develops predictable, prioritised early response behaviour before evacuation or access to higher medical care.

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EMPOWERING PEOPLE TO SAVE LIVES

Organisations operating in complex environments have a responsibility to ensure personnel are appropriately prepared for both safety risk and medical emergency.

Medical-Led HEFAT delivers contextualised training tailored to operational realities across:

- Humanitarian and NGO field programmes
- Media and journalism deployments
- Corporate and technical operations in remote regions
- Security-exposed or high-risk environments

Central to delivery is immersive, scenario-based training, enabling participants to practice decision-making, casualty care, and coordinated response under realistic pressure.

COURSE OBJECTIVES

Our HEFAT enables participants to:

- Recognise and manage dynamic environmental and security threats
- Apply structured risk assessment and safe behavioural response
- Deliver effective early casualty assessment and life-saving intervention
- Integrate medical response within security and operational decision-making
- Escalate appropriately to evacuation or higher medical care



CORE TRAINING FRAMEWORK

Environmental Awareness & Risk Management

- Situational awareness in unstable or evolving environments
- Dynamic threat recognition and risk mitigation
- Movement planning, communication, and personal safety
- Decision-making under operational pressure

Integrated Medical & Trauma Response

- Structured primary casualty assessment using M.A.R.C.H.
- Catastrophic haemorrhage control and airway management
- Recognition of respiratory compromise, shock, and deterioration
- Management of common trauma and acute medical emergencies

Incident Coordination & Casualty Handling

- Delivering care during instability or threat
- Team coordination and communication in emergencies
- Casualty movement, extraction, and scene safety
- Structured reassessment and escalation to emergency services

Resuscitation & Life Support

- Adult and paediatric basic life support
- AED use and immediate post-resuscitation considerations
- Recognition and management of airway obstruction



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COURSE DURATION & VALIDITY

Duration:

The HEFAT course is a 5 day residential course. The course does contain some night time instruction and practical exercises.

Refresher training:

Recommended annually, Medical Risk offer a series of refresher and continued professional development courses throughout the year at our training centre in Jordan.

Re qualification:

This HEFAT course is accredited by the ATTAC group, and certified Royal College of Surgeons, England.

The qualification is valid for three years

Location - JIPTC, Amman, Jordan

(What3words - intensified.pizzerias.names)

FOR MORE INFORMATION PLEASE EMAIL

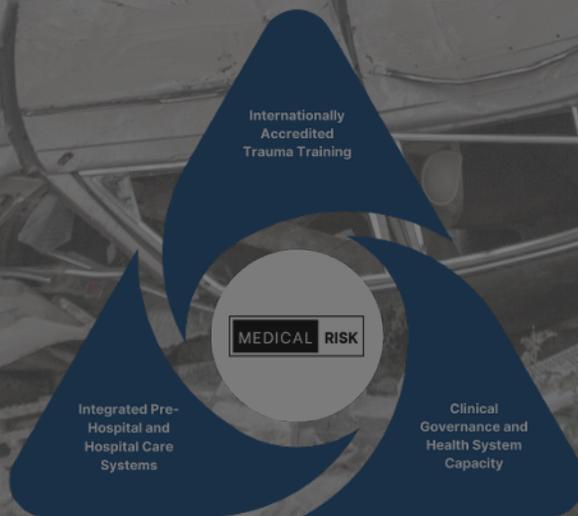
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Operating across the Middle East and North Africa, Medical Risk is a UK-aligned medical training and advisory organisation working in complex operating environments. We specialise in trauma care, pre-hospital medicine, and emergency care systems, with a focus on strengthening clinical capability and consistency across emergency services.

Through a permanent regional presence, Medical Risk integrates robust UK clinical governance with in-country operational understanding. Our work is directed towards supporting health systems in maintaining high standards of trauma and emergency care, improving coordination across services, and building sustainable internal capability.



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